## Hemispheres



## DANCING IN THE DARK

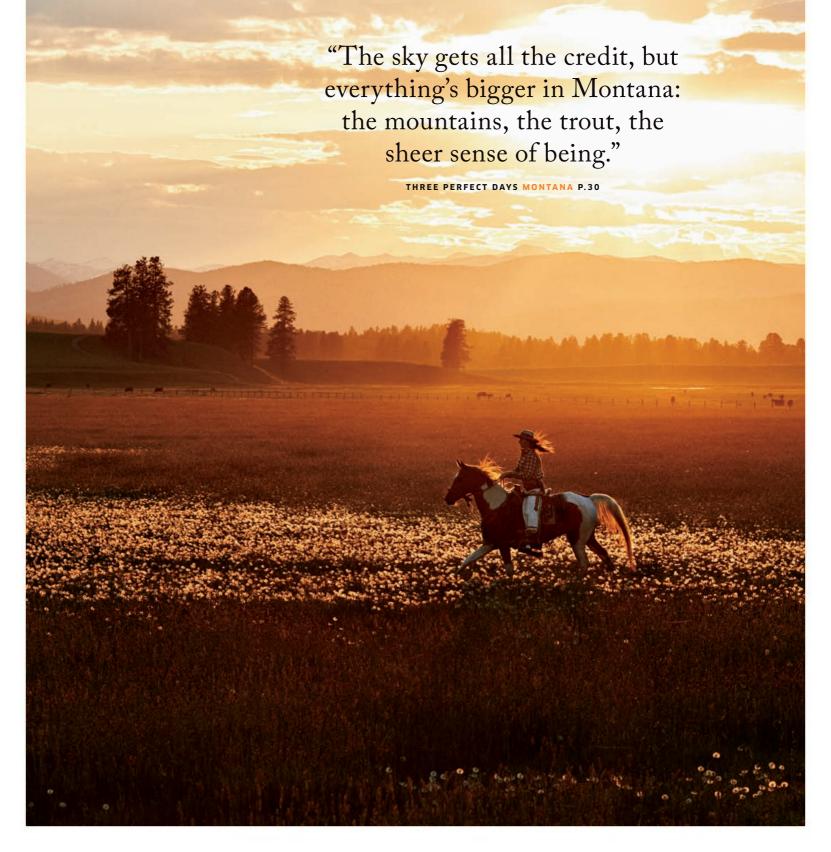
6 ways to celebrate this month's total solar eclipse P.18

## THE HEMI Q&A: STEVEN SODERBERGH

The godfather of indie cinema on his latest star-studded heist flick P.46

## SUPREME SUBS

5 all-star chefs show how to make their favorite sandwiches P.52



Lavalantula
Ziering's Fin
makes a cameo in
this Syfy spinoff
about, as you
can tell from the
title, a geyser
that shoots out
puppies
(not really).

Sharknado:
Heart of
Sharkness
Because
every cinematic
masterpiece needs
a behind-the-scenes
mockumentary
prequel, à la
Apocalypse Now.

Sharknado 4: The 4th Awakens Duck!
This installment brings a bouldernado, an oilnado, a firenado, a hailnado, a lavanado, a cownado, a lightningnado, and a nukenado filled with green-glowing, radioactive sharks that can be neutralized only with water from Niagara Falls.

Sharknado 5: Global
Swarming The only thing
more dangerous than a
shark tornado?
Casting directors
who choose
Charo to play
the Queen of
England and
Fabio the Pope.



2015 2016 2017







CULINARY HISTORY

Opened this March,

San Francisco's China Live is billed as an East Asian answer to Eataly—a 30,000-square-foot ode to Chinese cuisine featuring restaurants, bars, and a market. At its heart lies what is believed to be America's first wa guan tang, a 500-pound ceramic cauldron invented during the Song Dynasty (960–1279) that can be used to cook soups, meats, and tonics on very low heat, resulting in dishes with pure, deep flavor and a slew of health benefits.

For example, 20 black-skin chickens cook for three hours with ginger and scallions to a clear consommé, which is then infused with ginseng, goji berries, dried black fungus, and Chinese herbs. In traditional Chinese medicine, these herbal tonics are believed to balance chi, cleanse your blood, and improve lung function and eyesight.

"This brew is placed inside the rings of the wa guan tang and slowly cooked around 200 degrees until all the essence and nutrients are melted into the tonic," explains China Live co-owner and executive chef George Chen. "There are literally hundreds of ways this cauldron can seal in flavor and not lose the integrity of the base ingredients—sort of like an old-fashioned sous vide machine."

Chen had his cauldron made in Nanxun, about 90 minutes west of Shanghai, where townspeople still use wa guan tang as communal coalfired earthen ovens. "I'm not really sure how many people will be into ginseng tonics," he admits. "It's a little bit bitter for most Americans, but it's something that we want to do for the Chinese old ladies."